

## THE ORIGAMI FACE COVERING/ MASK

**MADE FROM A PAPER TOWEL or PAPER NAPKIN**

**ECONOMICAL, FAST AND EASY >>> NO CUTTING, SEWING OR GLUEING REQUIRED**

The **ORIGAMI FACE COVERING/ MASK** is satisfactory for everyday casual use and it is disposable! Following the instructions below, it is **MADE FROM A PAPER TOWEL or PAPER NAPKIN** or similar sized piece of tight weave cotton fabric.

No matter what material you use, a Face Covering/ Mask is not a substitute for common sense “physical distancing” to protect yourself and those you come in contact with. This type of **FACE COVERING/ MASK** is not suitable for use by Health Care Professionals or patients in hospitals or similar serious medical or health situations.

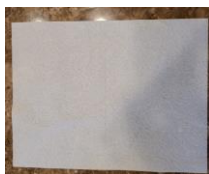
### MATERIALS NEEDED TO MAKE THE ORIGAMI FACE COVERING/MASK

- ✓ 1ea. - standard size paper towel, laid out flat. Approx. size 11” x 11”
- ✓ **OR** 2 ea. - attached “Select a Size” paper towels (keep attached) Approx. total size 14” x 11”
- ✓ **OR** 1 ea. - 2 ply paper dinner napkin, unfolded and laid out flat. Approx. size 13” x 13”
- ✓ **OR** 1 ea. - Heavy & Strong Paper Rag Material / Available from Amazon – Brands below:  
Scott Rags = 11” x 10 1/2” or WypAll X 60 Cloth = 12 1/2 X 13” /or Tool Box White Rag = 10 x 12)
- ✓ 2 each 3 ½” (#33) or similar size rubber bands
- ✓ Standard paper stapler or cellophane /Scotch tape.

### INSTRUCTIONS FOR HOW TO MAKE THE ORIGAMI FACE COVERING/MASK

1. Lay out flat lengthwise either a unfolded paper towel or dinner napkin. Fold the towel or napkin in half top to bottom lengthwise.

LAI D OUT FLAT FULL-SIZE LENGTHWISE      FOLD IN ½ TOP TO BOTTOM LENGTHWISE



2. In the LAID FLAT FOLDED IN 1/2 position, fold both the top and bottom edges to the center leaving an openable center seam.



3. With the center seam facing up, slide a 3 ½ “ rubber band on each end



4. Fold one end about 1 inch over the rubber band. The larger the fold over the smaller the finished mask will be. Next, put a staple in the flapped over material on each side of the center seam to hold the rubber band in place. Cellophane tape can be used in place of staples. Repeat the fold and staple on the other end. If using fabric, the flapped over material could be stitched instead of stapled.

FOLDED OVER



STAPLED



OR

TAPED



5. The finished **FACE COVERING/ MASK** will look like this:

FACING YOU



FACING OUT



6. **WASH YOUR HANDS** before you put the mask up to your face! **IMPORTANT:** with the seam facing you, with both hands, spread open the top inside center and bottom inside center of the mask enough to fit over your nose and under your chin. With one hand, position the open mask over your nose and under your chin. With your other hand, pull one of the rubber bands over the back of one of your ears. Repeat putting the other elastic band over the other ear. Adjust the mask on your face for fit and comfort. **WALLAH**, go look in the mirror!



I guarantee you will look much better than this old guy !